

## TEST INFORMATION

<i>Test</i>	<i>Duration</i>	<i>Preparation</i>
Exercise Stress Test	1hr	Fast 4 hours prior to the test. (water allowed) Wear comfortable exercise clothing and footwear.
Echocardiogram	30-45mins	No preparation necessary
Stress Echocardiogram	1hr	Fast 4 hours prior to the test. (water allowed) Wear comfortable exercise clothing and footwear.
24hr Holter Monitor	15mins to fit 5mins to remove	Clean, dry skin is required. No powder or creams. If possible, please shower before coming to your appointment as you will be unable to shower when monitor is attached
Event Recorder	15mins to fit	Clean dry skin is required. No powder or creams.
ECG	5-10mins	Clean dry skin is required. No powder or creams.
Tilt Table Test	1hr	Fast 5 hours prior to the test

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