



## **PATIENT EXPERIENCE POST RF ABLATION**

The following are some feelings which you may experience for the first few weeks post-op. Keep in mind that you may not experience any of the following but if you do it is not unexpected.

### **THE GROIN**

Mild pain, swelling and bruising. The bruising can be as big as your hand and a firmness/small lump may appear where the tubes are put into the leg.

### **THE CHEST**

Random aching or sharp stabbing - across the chest

- from the base of the throat to the bottom of the sternum

Pulling across the diaphragm and lower ribs.

A feeling of hyper-inflation of the lungs or heart.

A feeling of vulnerability through the chest generally.

Stretching eg. when yawning, can be uncomfortable if you contract your muscles too hard.

Compression of the chest may be uncomfortable/painful.

Impact to the chest may be uncomfortable/painful.

A deep cleansing breath may be uncomfortable/painful.